

Parental Behavioural Model

Which category do you fit into as a parent?

Silver:

- Sits on the fence
- Aids player's intrinsic motivation to participate
- Laid back
- "All the best"
- Goes through the motions
- Silent on sidelines

Gold:

- Allows player to make the decision
- Shares in team and personal successes and setbacks
- Never judges individual performances
- "Well done"
- Encourages both teams
- No added pressure to participate

Bronze:

- Only encourages their own child
- Care about individual success
- Negative body language
- Why change?
- Constantly moaning
- Occasionally yells
- Critiques on the way home

Critic:

- Continually yells instructions from the sideline
- Highlights team/individual errors
- Critiques the coaches
- Gossips/stirs
- Unrealistic targets set i.e. 5 goals = rewards
- Coaches their son/daughter from the sideline